

INTRODUCTION TO PSYCHODRAMA

Psychodrama broadly refers to a wide range of action methods. These methods have been applied in the psychotherapeutic setting as well as for business, educational, spiritual and professional training. Psychodrama clarifies issues, increases physical and emotional well-being and emotional intelligence. It also enhances learning and develops new skills. Psychodrama combines "mind and body" because it uses dramatic action, and bodywork, to free and reintegrate spontaneity blocked by earlier conflicts or trauma. In this highly experiential workshop the atmosphere will be relaxed to foster easy, natural learning. Participants will learn the main roles of psychodrama: protagonist, auxiliary, double, and audience. Personal exercises will be offered as well as opportunities to volunteer for the protagonist role in a psychodrama. You will leave the workshop with new tools you can immediately apply to many areas of your life.



Lead Trainer: Elizabeth Corby, Ph.D., P.A.T. is a clinical psychologist in practice for 29 years who is certified as a psychodramatist through the American Board of Psychodrama, Sociometry and Group Psychotherapy. She received her training under Barbara Guest in psychodramatic bodywork and currently maintains a private practice in Birmingham, Michigan. She is the co-founder of the Michigan Psychodrama Center.



Assistant Trainer: Patrick Barone, J.D., is the CEO and founding attorney at the Barone Defense Firm. Mr. Barone has completed nearly all of the requirements for psychodrama board certification, and will be writing his exam in 2017. As part of his training, he has applied the tools and methods of psychodrama in the legal, business and spiritual realms. He is a 2012 graduate of the Gerry Spence Trial Lawyer's College.

The Introductory Level Workshop focuses on:

- Learning the concept of role reversal to increase your emotional intelligence for greater interpersonal satisfaction.
- Experiencing the integration of emotional release and addressing current personal, family work or spiritual issues into the structure of psychodrama.
- Learning how to tell your story and the story of others in your personal and professional life.

There is limited space in this group and slots fill quickly. No previous psychodrama experience required.

Upcoming Introductory Workshop: Psychodramatic Bodywork®

Dates: Saturday, March 5, 2016 (9:00-5:00).

Location: Life Learning Center, 3121 S. Rochester Road, Royal Oak, MI 48073

Costs: Registration before February 19 - \$95 - Registration after February 19 - \$125. Lunch included.

Cancellation Policy: 2 weeks notice - 50% credit towards further Michigan Psychodrama Workshop events; There will be no refunds or credit with FEWER THAN 2 WEEKS notice.

Registration Form for Introductory Workshop

First Name _____ Last Name _____

Address _____

Phone: _____ E-mail _____

How I heard about this workshop _____

Options: Make check payable and mail with completed form to: Elizabeth Corby, Ph.D. 280 North Old Woodward Avenue, Suite #200 Birmingham, MI 48009. Fax (248) 594-4549 or email form for credit card payment: dr_ecorby@yahoo.com

Credit cards (circle one) Card number _____ Expiration date _____
(mo /yr) Name on card _____

For information about other workshops: Visit our website at michiganpsychodramacenter.com